

	Activity	Menu
8:00		Breakfast
8:30		
9:00		
9:30		
10:00		
10:30		
11:00		
11:30		
12:00		Lunch
12:30		
1:00		
1:30		
2:00		
2:30		
3:00		
3:30		
4:00		
4:30		Dinner
5:00		
5:30		
6:00		
6:30		
7:00		
7:30		
8:00		